

September 2019				September 2019							
C = Gateview House, Constantia Park @ 07h30. GPS Co-Ords : 26°08'58.52" S 27°55' 32.57" E F = Outside Checkers, Pine slopes shopping Centre, Fourways @ 07h30 GPS Co-Ords : 26° 01' 19.86" S 28° 00' 57.85" E V = Meet at Venue Wed Winter time 08h15. A = Book with Club Admin L=Book with Leader				The suggested SUNDAY transport fee of R2.50/km is calculated on a vehicle less than <2L and above >2L is R3.30 per km (excl tolls). The total fee should be divided by the driver and other occupants in the car. Driver and occupants should agree on the fee before departing. Eg 100km <R250.00 and >2L would be R330.00 the total cost is divided amongst the occupants. BOOKINGS : Members receive preferential bookings							
SUNDAY HIKES - MEET AT 7:30 AND LEAVE AT 08:00 SHARP				SUNDAY HIKES -MEET AT 7:30 AND LEAVE AT 08:00 SHARP							
Date	Event	Description		#	Fee R (non member)	Approx. return distance	Approx. Transp Fee – R	Hike Grading	Rating	Convenor / Leader	Phone
Sun 1 Sept	Bokfontein*	Hike up to the top of the kloof and if you are lucky, see the vultures. Come back to a refreshing swim in the pool near the car park		F	R60(R120)	170	<2L R425 >2L R560	Difficult	Brisk Moderate Slow	Betsie Laubscher	082 867 4998
Wed 4 Sept	Nt'Shonalanga	Moderate hiking on and off paths through valleys and hills. Large pool at end.		V	R45 (R105)	100	<2L R250 >2L R330	Moderate		Marielle Morin	079 780 2576
Sun 8 Sept	Rustig	Located on a well-established farm, there are three trails to the escarpment. Swimming pool to cool off in after hike as well as a restaurant		C	R60(R120)	142	<2L R355 >2L R470	Moderate Difficult	Brisk Moderate Slow	Colin Lill	082 441 4851
Wed 11 Sept	Phefumula*	Moderate hiking up the Magaliesberg escarpment. Hike along escarpment on both sides or explore kloofs on south side. Boerie rolls and craft beer at farmhouse afterwards.		V	R35(R95)	150	<2L R375 >2L R495	Difficult		Bernard Robinson	082 413 1450
Sun 15 Sept	Castle Gorge* Members only, non members limited bookings	Strenuous hike to the saddle for amazing views. Ryan will be leading a photographic hike.		C	- (60)	122	<2L R300 >2L R400	Moderate/ Difficult	Brisk Moderate Slow	Neil Ransome	082 420 9465
Sun 15 Sept	Dome Pools (Adventure Hike)	Are you agile and fit, then you will enjoy this exciting and adventurous hike. Lots of fun		C	R50(R110)	122	<2L R300 >2L R400	Difficult	Brisk	Tracey and Roy Harris	083 273 7906
Wed 18 Sept	Glenburn Lodge (Lunch)	Moderate hiking on and off paths over Swartzkop to kloofzicht and along river. Game can be seen around Kloofzicht.		V	R95(R155)	70	<2L R175 >2L R230	Moderate		Rick Acroyd	076 142 1729
Fri 20 to Sun 22 Sept	Fanie Botha	One walks along the pine plantations and indigenous forests and stand in awe at the sheer beauty of the various crystal-clear waterfalls.		V	R560 (R710)	736	Discuss with Leader	Moderate		Betsie Laubscher	082 867 4998
Fri 20 to Tues 24 Sept	Drakensberg (Destination TBA) Leave to be taken on 23/11	Only for the very fit.		V	TBA		Discuss with Leader	Difficult		Sabine Behr	082 851 8627
Sun 22 Sept	Phefumula*	A short steep ascent to the “top of the world”, with views of Buffelspoort Dam to the north and rolling hills to the south.		C	R35(R95)	150	<2L R375 >2L R495	Difficult	Brisk Moderate Slow	Ryan de Haast	083 743 5221
Tues 24 Sept Public Holiday	Heritage Hike	Details to follow									
Wed 25 Sept	Rustig*	Variety of easy to strenuous trails below and on top of Magaliesberg escarpment. Lovely views from top. Large swimming pool and restaurant at end.		V	R55(R115)	142	<2L R355 >2L R470	Moderate/ Strenuous		Mary Reynolds	082 372 4869
Thurs 26 Sept	Slide Show	The Assegaai Trail. Limpopo River to Cape Point. Forty years on - Harry Brown		V	R35 includes refreshments. Venue : Bryanston Sports Club : 19h00				Social	Mary Reynolds	082 372 4869
Sun 29 Sept	Foothold*	A myriad of hiking possibilities once you reach the escarpment. Relax for a lunch break near the crystal pools		C	- (R60)	172	<2L R450 >2L R570	Very Difficult	Brisk Moderate Slow	Mark Eifler	078 775 4547

* Involves steep long climbs, typically 300m or more. Not suitable for visitors unless already reasonably sports fit or are experienced hikers

Sunday Hikes are typically 7 hours or longer, often in tough terrain without paths. Three hours of hiking up sometimes steep mountainsides and down valleys, over rough ground and scrub are usually covered before stopping for an hour lunch break, after which a further 3 hours of hiking back to the start point covers a typical day.

Leisure Hikes are typically 3 to 4 hours of relatively slow walking up to 6Km, usually on paths with plenty of stops. Children who cannot keep up will have to be carried. Not suitable for prams and very small children.