

SEPTEMBER 2021

C= Gateview House, Constantia Park GPS co-Ords: 26 08' 58.52"S 27 55' 32.57" E

F= Outside Checkers, Pineslopes Shopping Centre, Fourways. GPS Co-ords: 26 01' 19.86"S 28 00' 57.85" E R3.30 per km (excl tolls). The total fee should be divided by the driver and other occupants in the car.

V = Meet at Venue	A = Book with Club Admin	L = Book with Leader	# Meeting Place	The driver and occupants should agree on the rate before depating eg 100 km<2L would be R250.00 and
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SUNDAY HIKES - MEET AT 07:30 AND LEAVE AT 08:00 SHARP	>2L would be R330.00. The total cost is divided amongst the occupants.
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WEDNESDAY HIKE - MEET AT 08:15 AT THE VENUE AND HIKE AT 08:45 SHARP	BOOKINGS: Members receive preferential bookings.
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Date 2021	Event	Description	#	Fee (non- mem)	Return Distance	Transport Cost		Rating	Leader of the Day Convener	Phone	
						<2L	>2L				
Wed 1 Sept	Phefumula	Moderate hike up the escarpment. Boerie rolls and craft beer after the hike.	V	R35(R95)	Varies	R2.50	R3.30	Moderate to strenuous	Graham MacKenzie	082 880 1800	
Sun 5 Sept	Leeuwenkloof	Moderate to rough on and off paths and tracks. Section through old mine. Bring torch. Picnic/Braai afterwards.	C	R70(130)	110km	R275	R363	Easy to Moderate	Mark Eifler	078 775 4847	
Wed 8 Sept	Klipriviersberg	Easy to moderate path walking with some game about and views of southern suburbs.	V	R0(R60)	Varies	R2.50	R3.30	Easy to Moderate	Malcolm Yeomans	083 279 6625	
Thu 9 to Sun 12 Sept	Magoebaskloof	Beautiful indigenous forests, streams and waterfalls, monkeys and birds. Expect rain, mist and sunshine.	V	Discuss with Leader				Moderate	Betsie Laubscher	082 867 4998	
Fri 10 to Sun 12 Sept	Gatberg	A strenuous Drakensberg hike, also known as Intunja, or the Eye of the Needle.	V	Discuss with leader				Moderate +	Sabine Behr	082 851 8627	
Sun 12 to Thu 16 Sept	Otter Trail	Crashing waves and sandy beaches, indigenous forest and river crossings make this South Africa's iconic hike.	V	Discuss with Leader				Difficult	Mark Eifler	078 775 4847	
Sun 12 Sept	Castle Gorge	Strenuous hike to the saddle for amazing views and then go to the pools to cool off or to the waterfall.	C	R0(R60)	122 km	R305	R402	Moderate to difficult	Evadne le Goff Roger Price Bev Brockman	064 686 4424 082 633 7551 082 410 3057	
Wed 15 Sept	Muningi Gorge	NEW. A variety of moderate hikes in and above a very pretty gorge north of Cullinan.	V	R90 (150)	Varies	R2.50	R3.30	Moderate	Huw Collett	072 557 9246	
Sun 19 Sept	Rustig	Variety of paths below and top of the escarpment. Lovely views, swimming pool and restaurant.	C	R75(R125)	142 km	R355	R467	Moderate to Difficult	Ryan de Maast Goff Evadne le Goff Mary Beaveldt	083 743 3221 064 686 4424 082 373 4869	
Sun 19 Sept	Aasvoelbad Recce	Recce - 8 places only	V	Discuss with Leader					Tom Kenny	083 270 6441	
Wed 22 Sept	Hennops Picnic Resort	Moderate path walking over hills and along river. Swimming pool at the end.	F/V	R50(R110)	Varies	R2.50	R3.30	Easy to Moderate	Greg King	082 452 1442	
Thurs 23 to Sun 26 Sept	Slagthoek/ Kingdom	A base hut hike in Mpumalanga, in the Olifants River Gorge. Includes wooded kloofs and beautiful scenery.	Discuss with Leader						Moderate	Sabine Behr / Gert-Jan van Rijswijk	082 851 8627 082 332 3253
Fri 24 to Sun 26 Sept	Foothold Weekend Spring Party	To Be Advised								Bev Brockman	082 410 3057
Sun 26 Sept	Foothold*	A myriad of hiking possibilities once you reach the escarpment. Relax for lunch near crystal clear pools.	C	R0 (R60)	167 km	R417	R551	Very Difficult	Ed Coogan (L1) Evadne van Goff (L 2) Mark Eifler (LOD)	078 775 4847	
Wed 29 Sept	Greek Church/van Gaalens	Moderate walking below and along escarpment after short drive to Greek Church. Or easy walking along river	V	R40(R100)	Varies	R2.50	R3.30	Moderate/strenuous	Mike Hardisty	082 920 5667	

*Involves steep long climbs, typically 300m or more. Not suitable for visitors unless already reasonably sports fit or are experienced hikers. Sunday Hikes are typically 7 hours or longer, often in tough terrain without paths. Three hours of hiking up sometimes steep mountainsides and down valleys, over rough ground and scrub are usually covered, before stopping for 1/2 hour lunch break, after which a further 3 hours of hiking back to the start point covers a typical day. Leisure Hikes are typically 3 to 4 hours of relatively slow walking up to 6 km, usually on paths with plenty of stops. Level 2- Moderate Faster pace with fewer rest/recovery stops and a longer distance. Level 3 - Fast Challenging for the fit hiker with a fast pace and long distance.