

May 2020					May 2020					
C = Gateview House, Constantia Park @ 07h30. GPS Co-Ords : 26°08'58.52" S 27°55' 32.57" E F = Outside Checkers, Pine slopes shopping Centre, Fourways @ 07h30 GPS Co-Ords : 26° 01' 19.86" S 28° 00' 57.85" E V = Meet at Venue Wed Winter time 08h15 for 08h45. A = Book with Club Admin L=Book with Leader # Meeting Place SUNDAY HIKES - MEET AT 7:30 AND LEAVE AT 08:00 SHARP					The suggested SUNDAY transport fee of R2.50/km is calculated on a vehicle less than <2L and above >2L is R3.30 per km (excl tolls). The total fee should be divided by the driver and other occupants in the car. Driver and occupants should agree on the fee before departing. Eg 100km <R250.00 and >2L would be R330.00 the total cost is divided amongst the occupants. BOOKINGS : Members receive preferential bookings WEDNESDAY HIKES - MEET AT 08:15 AT THE VENUE AND HIKE AT 08:45 SHARP					
Date	Event	Description	#	Fee R (non member)	Approx Return Distance	Approx. Transport Fee	Hike Grading	Grading	Leader of the day (LOD) Convener	Phone
Sun 3 May	Bergheim*	Zig-zag path to the top. Walk along the escapement or maybe explore one of the kloofs.	C	R65 (R125)	212	<2L R530 >2L R699	Difficult	Level 3 Level 1	Mark Eifler (LOD) Betsie Laubscher	078 775 4547 082 867 4998
Wed 6 May	Uitkyk*	Moderate to strenuous path walking to top of Magaliesberg from the north. Outstanding views from top over Hartbeespoort Dam.	V	R40 (R100)	130	<2L R325 >2L R429	Moderate to strenuous		Mike Hardisty	082 920 5667
Fri 8 to Sun 10 May	Magaliesberg traverse 1-day Castle Gorge to Foothold traverse. Camping at FH on Fri 8 May	Start the traverse from Castle Gorge back to Foothold Saturday 9 May. If there is enough interest, possibility of another traverse on Sunday 10 May– back to Castle Gorge. Only for the very fit!	V		168	<2L R420 >2L R555	Very difficult	Level 3	Lucho Malinov	072 726 8944
Sun 10 May	Castle Gorge	Strenuous hike to the saddle for amazing views (Non-members must pre-book and pay by 6 May)	C	R0 (R60)	110	<2L R275 >2L R365	Moderate / Difficult	Level 2 Level 1	Tracey Harris (LOD) Anita Musevenzo	083 273 7906 073 831 3848
Wed 13 May	Rocky Top	Mainly moderate hiking along and below the Witwatersberg range	V	R65 (R125)	103	<2L R258 >2L R340	Moderate		Mike Pouncett	083 212 8851
Sun 17 May	Peglerae*	Rough hiking to view of dam and vultures	F	R20 (R80)	130	<2L R325 >2L R430	Difficult	Level 3 Level 1	Neil Ransome (LOD) Betsie Laubscher	082 420 9465 082 867 4998
Wed 20 May	Clearview Lodge (Braai)	Mainly path walking some rocky along the Witwatersberg range	V	R30 (R90)	100	<2L R250 >2L R330	Moderate		Pim Commissaris	082 683 3314
Sun 24 May	Weavers Roost BRAAI	Hike to top of mountain and along ridge Braai after the hike. Bring your meat & salads	C	R60 (R0)	90	<2L R225 >2L R295	Moderate/Difficult	Level 2 Level 1	Nick Corbin (LOD) Betsie Laubscher	082 854 6533 082 867 4998
Sat 23 to 30 May	Fish River Canyon*	The Canyon itself is the second largest in the world. The trail, follows 90kms of this amazing wonder of nature, from the view site at Hobas to the spa resort of Ai-Ais	V	R1294 (R1543)	2 000	Discuss with Leaders	Very Difficult		Bev Brockman Mark Eifler	082 410 3057 078 775 4547
Wed 27 May	Phefumula	Moderate hike up the Magaliesberg escarpment. Hike along the escarpment both ways or explore the kloofs on the south side. Boerie rolls and craft beer at the farmhouse afterwards	V	R35 (95)	140	<2L R350 >2L R462	Moderate		Willem Theron	083 292 5364
Thurs 28 May	Slide Show	TBA		R35 includes refreshments. Venue: Bryanston Sports Club. 19h00						
Sun 31 May	Vergenoeg*	Moderate to strenuous path walking to top of Magaliesberg from the north. Outstanding views from top over Hartbeespoort Dam.	F	R25 (R85)	142	<2L R355 >2 L R468	Very difficult	Level 2 Level 1	Tom Kenny (LOD) Betsie Luabscher	083 270 6441 082 867 4998

* Involves steep long climbs, typically 300m or more. Not suitable for visitors unless already reasonably sports fit or are experienced hikers

Sunday Hikes are typically 7 hours or longer, often in tough terrain without paths. Three hours of hiking up sometimes steep mountainsides and down valleys, over rough ground and scrub are usually covered before stopping for an hour lunch break, after which a further 3 hours of hiking back to the start point covers a typical day.

Leisure Hikes are typically 3 to 4 hours of relatively slow walking up to 6Km, usually on paths with plenty of stops. Children who cannot keep up will have to be carried. Not suitable for prams and very small children.

HIKE LEVELS: **Level 1 - Slow** Challenging for the relatively unfit hiker with a slower (but not necessarily slow) pace and plenty of rest/recovery stops. **Level 2 - Moderate** Faster pace with fewer rest/recovery stops. **Level 3 - Fast** Challenging for the fit hiker with a fast pace and longer distance