

JANUARY 2021

C= Gateview House, Constantia Park GPS co-Ords: 26 08' 58.52"S 27 55' 32.57" E					The suggested SUNDAY transport fee of R2.50/km is calculated on a vehicle less than <2L, and above >2L is R3.30 per km (excl tolls). The total fee should be divided by the driver and other occupants in the car. The driver and occupants should agree on the rate before departing eg 100 km<2L would be R250.00 and >2L would be R330.00. The total cost is divided amongst the occupants.						
F= Outside Checkers, Pineslopes Shopping Centre, Fourways. GPS Co-ords: 26 01' 19.86"S 28 00' 57.85" E											
V = Meet at Venue A = Book with Club Admin L = Book with Leader # Meeting Place											
SUNDAY HIKEs - MEET AT 07:00 AND LEAVE AT 07:30 SHARP					BOOKINGS: Members receive preferential bookings.						
WEDNESDAY HIKEs - MEET AT 07:15 AT THE VENUE AND HIKE AT 07:45 SHARP											
Date	Event	Description	#	Fee (non-mem)	Return	Transport Cost		Rating	Leader of the Day/ Convener	Phone (LOD)	
2021			Distance		<2L	>2L					
Sun 3 Jan	Klipriviersberg	Easy to moderate path walking with some game about and views of southern suburbs.	C	R0(R60)	60 km	R150	R198	Moderate	TBA		
Wed 6 Jan	Kloofendal	Relatively easy path walking in nature reserve.	V	R0(R60)	50 km	R125	R165	Easy	Rick Ackroyd		
Sun 10 Jan	Castle Gorge	Strenuous hike to the saddle for amazing views and then go to the pools to cool off or to the waterfall.	C	R0(R60)	122 km	R305	R402	Moderate to difficult	Colin Lill (LOD) Level 2		
Wed 13 Jan	Nt'Shonalanga	Easy to moderate cross country hiking. Some game about. Large swimming pool at end.	V	R60(R120)	100km	R250	R330	Moderate	Caryll Ackroyd		
Sun 17 Jan	Hoogland Spa	Easy to moderate path walking in very pretty hills and valleys. Plenty of game in the area.	F	R50(R110)	100 km	R250	R330	Moderate	Betsie Laubscher (LOD) Level 1		
Wed 20 Jan	Rocky Valley	Mainly path walking in the hills. Swimming pool. Tea and coffee at start.	V	R50(R110)	55 km	R138	R182	Moderate	Philip Welchman		
Fri 22-Sun24 Jan	Rhenosterpoort	Award winning trail in the Waterberg. Great diversity of terrain and flora coupled with abundant water make this a special trail not to be missed.	V	R370(R442)	140km	Discuss with Driver		Moderate to Difficult	Betsie Laubscher		
Sun 24 Jan	Phefumula	Moderate hike up the escarpment. Boerie rolls and craft beer after the hike.	C	R35(R95)	150 km	R350	R462	Moderate to Strenuous	Anita Musevenzo LOD (Level 2)		
Wed 27 Jan	Africa Land	Mainly moderate path walking along and above Crocodile River	V	R80(R140) R50(R110)P	110 km	R275	R363	Moderate	Mike Hardisty		
Thurs 28 Jan	Slide Show	TBA	V	R40 includes refereshments. Venue: Bryanston Sports Club. 19h00				Social	Mary Reynolds		
Fri 29 - Sun 31 Jan	Wilderness Hike (Lower Berg)	This is an easy to moderate lower Berg hike. For all those who would like to start hiking in the Berg.	V	Discuss with leader		Discuss with Driver		Moderate	Sabine Behr		
Fri 29 - Sun 31 Jan	Foothold Camp Members Only	TBA	V	R0 (R75 pd)	167km	R417	R551	Social	Bev Brockman		
Sun 31 Jan	Foothold*	A myriad of hiking possibilities once you reach the escarpment. Relax for lunch near crystal clear pools.	C	R0 (R60)	167 km	R417	R551	Very Difficult	Neil Ransome		

*Involves steep long climbs, typically 300m or more. Not suitable for visitors unless already reasonably sports fit or are experienced hikers. **Sunday Hikes** are typically 7 hours or longer, often in tough terrain without paths. Three hours of hiking up sometimes steep mountainsides and down valleys, over rough ground and scrub are usually covered, before stopping for 1/2 hour lunch break, after which a further 3 hours of hiking back to the start point covers a typical day. **Level 1 - Slow** Challenging for the relatively unfit hiker with a slower (but not necessarily slow) pace and plenty of rest/recovery stops. **Level 2- Moderate** Faster pace with fewer rest/recovery stops and a longer distance. **Level 3 - Fast** Challenging for the fit hiker with a fast pace and long distance.