

JUNE 2020					JUNE 2020					
C = Gateview House, Constantia Park @ 07h30. GPS Co-Ords : 26°08'58.52" S 27°55' 32.57" E F = Outside Checkers, Pine slopes shopping Centre, Fourways @ 07h30 GPS Co-Ords : 26° 01' 19.86" S 28° 00' 57.85" E V = Meet at Venue Wed Winter time 08h00 for 08h45 . A = Book with Club Admin L=Book with Leader # Meeting Place					The suggested SUNDAY transport fee of R2.50/km is calculated on a vehicle less than <2L and above >2L is R3.30 per km (excl tolls). The total fee should be divided by the driver and other occupants in the car. Driver and occupants should agree on the fee before departing. Eg 100km <R250.00 and >2L would be R330.00 the total cost is divided amongst the occupants. BOOKINGS : Members receive preferential bookings					
SUNDAY HIKES - MEET AT 7:30 AND LEAVE AT 08:00 SHARP					WEDNESDAY HIKES - MEET AT 08:15 AT THE VENUE AND HIKE AT 08:45 SHARP					
Date	Event	Description	#	Fee R (non member)	Approx Return Distance	Approx Transport Fee	Hike Grading	Grading	Leader of the day (LOD) Convener	Phone
Wed 3 Jun	Leeuwenkloof	Moderate to rough on and off paths and tracks. Section through old mine. Bring torch.	V	R60(R120)	110	>2L R275 >2L R363	Easy to Moderate		Rick Ackroyd	076 142 1729
Sun 7 Jun	B'Sorah BRAAI	Moderate to easy path walking over hills and along Skeerpoort River. Braai afterwards. Bring your own meat & salads.	F	(R50)(R110)	98	<2L R245 >2L R325	Moderate	Level 1	Ed Coogan (LOD)	082 657 2147
Wed 10	Klipriviersberg	Easy to moderate path walking with some game about and views of southern suburbs	V	R0 (R60)	60	<2L R150 >2L R198	Moderate		Harry Brown	083 256 1563
Fri 12 to Tues 16 Jun	Wilderness Hike in the Drakensberg	Hike up and down different passes in Lotheni.	V	Discuss with Leader			Moderate +		Sabine Behr	082 851 8627
Fri 12 – Tues 16 June	Backpack- Kaapschehoop	The trail meanders through various streams, gorges and ravines. With names such as Starvation Creek, Fools Rush & Poverty Creek.	V	R684 (816)	700	Discuss with Driver	Moderate		Neil Ransome	
Sun 14 Jun	Castle Gorge	Strenuous hike to the saddle for amazing views (Non-members must prebook and pay before 10 June)	C	R0 (R60)	110	<2L R275 >2L R365	Moderate / Difficult	Level 3 Level 1 Photographic	Mark Eifler (LOD) Betsie Laubscher Ryan de Haast	078 775 4547 083 743 5221 083 743 5221
Wed 17 Jun	Hennops River BRAAI	Moderate hiking on paths along river and up and down hills. Bring your own meat & salads for a braai.	V	R40 (R100)	110	<2L R275 >2L R363	Moderate / Easy		John Thornhill	072 779 5268
Sun 21 Jun	Phefumula*	A steep ascent to the "top of the world", with views of Buffelspoort Dam to the north and rolling hills to the S.	C	R35 (R95)	148	<2L R370 >2L R490	Difficult	Level 3 Level 2 Level 1	Neil Ransome (LOD) Anita Musevenzo Betsie Laubscher	082 420 9465 073 831 3848 083 743 5221
Wed 24 Jun	Walter Sisulu	Moderate to steep path walking through gardens and woods to top of ridge and along ridge. Restaurant in Botanical gardens at end of hike	V	R55 (R115)	80	<2L R200 >2L R264	Moderate		Pim Commissaris	082 683 3314
Thur 25 Jun	Slide Show	TBA		R35 includes refreshments. Venue : Bryanston Sports Club.				19h00		
Fri 26 to Sun 28 Jun	Foothold Month-end and Midwinter Camp Potjie competition (TBA)	Come and camp or book a bed in Hikers Haven with Graham. Lovely time of the year to just laze around or do some hiking	V	R0 (R60)	168	<2L R420 >2L R555	Social		Graham MacKenzie	082 808 1800
Sun 28 Jun	Foothold*	A myriad of hiking possibilities once you reach the escarpment. Relax for a lunch break near the crystal pools	C	R0 (R60)	168	<2L R420 >2L R555	Very Difficult	Level 3 Level 2 Level 1	Colin Lill (LOD) Mark Eifler Betsie Laubscher	082 441 4851 078 775 4547 083 743 5221

* Involves steep long climbs, typically 300m or more. Not suitable for visitors unless already reasonably sports fit or are experienced hikers

Sunday Hikes are typically 7 hours or longer, often in tough terrain without paths. Three hours of hiking up sometimes steep mountainsides and down valleys, over rough ground and scrub are usually covered before stopping for an hour lunch break, after which a further 3 hours of hiking back to the start point covers a typical day.

Leisure Hikes are typically 3 to 4 hours of relatively slow walking up to 6Km, usually on paths with plenty of stops. Children who cannot keep up will have to be carried. Not suitable for prams and very small children.

HIKE LEVELS: **Level 1 – Easy** Challenging for the relatively unfit hiker with a slower (but not necessarily slow) pace and plenty of rest/recovery stops. **Level 2 – Moderate** Faster pace with fewer rest/recovery stops. **Level 3 – Fast** Challenging for the fit hiker with a fast pace and longer distance