

APRIL 2020 C = Gateview House, Constantia Park @ 07h30. GPS Co-Ords : 26°08'58.52" S 27°55' 32.57" E F = Outside Checkers, Pine slopes shopping Centre, Fourways @ 07h30 GPS Co-Ords : 26° 01' 19.86" S 28° 00' 57.85" E V = Meet at Venue Wed Winter time 8.15 for 8.45 sharp. A = Book with Club Admin L=Book with Leader # Meeting Place SUNDAY HIKES - MEET AT 7:30 AND LEAVE AT 08:00 SHARP					APRIL 2020 The suggested SUNDAY transport fee of R2.50/km is calculated on a vehicle less than <2L and above >2L is R3.30 per km (excl tolls). The total fee should be divided by the driver and other occupants in the car. Driver and occupants should agree on the fee before departing e.g. 100km <R250.00 and >2L would be R330.00 the total cost is divided amongst the occupants. BOOKINGS : Members receive preferential bookings WEDNESDAY HIKES - MEET AT 08:15 AT THE VENUE AND HIKE AT 08:45 SHARP					
Date	Event	Description	#	Fee R (non member)	Approx Return Distance	Approx Transport Fee	Hike Grading	Grading	Leader of the day (LOD) Convener	Phone
Wed 1 Apr	Segwati (Braai)	CANCELLED – CORONAVIRUS LOCKDOWN								
Sun 5 Apr	Fountain Gully*	CANCELLED – CORONAVIRUS LOCKDOWN								
Wed 8 Apr	Laurentia	CANCELLED – CORONAVIRUS LOCKDOWN								
Fri 10 - Mon 13	Easter Camp (Monks Cowl)	CANCELLED – CORONAVIRUS LOCKDOWN								
Thurs 9 to Mon13	Wilderness hike in the Drakensberg	CANCELLED – CORONAVIRUS LOCKDOWN								
Fri 10 to Mon 13	Easter at Foothold	CANCELLED – CORONAVIRUS LOCKDOWN								
Sun 12 Apr	Castle Gorge	CANCELLED – CORONAVIRUS LOCKDOWN								
Wed 15 Apr	Castle Gorge	CANCELLED – CORONAVIRUS LOCKDOWN								
Sun 19Apr	Dome Pools*	Are you agile and fit, then you will enjoy this exciting and adventurous hike. All to prebook and pay by 15 April.	F	R50 (R110)	220	<2L R550 >2L R726	Difficult	Level 3 Level 1	Richard Perrelli Betsie Laubscher	072 726 8944 082 867 4998
Sun 19 Apr	Greek Church*	Zig-zag path to the top. Walk along the escapement or maybe explore one of the kloofs.	F	R25 (R85)	120	<2L R300 >2L R396	Difficult	Level 1	Ryan de Haast (LOD)	083 743 5221
Wed 22 Apr	African Swiss	Easy path walking on the Witwatersberg with some bundu bashing. Fee includes sandwiches afterward	V	R70 (R130)	90	<2L R225 >2L R297	Moderate to easy		Dan De Klerk	084 741 4500
Thurs 23	Slide Show	TBA	V	R35 includes refreshments. Venue: Bryanston Sports Club.				19h00		
Fri 24 to Thurs 30 Apr	Giants Cup*	The Giant's Cup Trail is part of the National Hiking Way, leading you through the foothills of the southern sections of the Maloti-Drakensberg Park World Heritage Site.	V	R990 (R1 188)	1260	Discuss with Leader	Moderate / Difficult		Neil Ransome	082 420 9465
Fri 24 to Sun 26 Apr	Foothold Camp Bird walk / talk 07.00 Sunday morning	Come and camp or book a bed in Hikers Haven with Graham. Lovely time of the year to just laze around or do some hiking.	V	R0 (R60) R40(R100)	168	<2L R420 >2L R555	Social		Graham MacKenzie	082 808 1800
Sun 26 Apr	Foothold*	A myriad of hiking possibilities once you reach the escarpment. Relax for lunch near the crystal clear pools	C	R0 (R60)	168	<2L R420 >2L R555	Very Difficult	Level 3 Level 1	Allan Lill (LOD) Ed Coogan	084 615 0084 082 657 2147
Wed 29 Apr	Rocky Valley (Braai)	Mainly path walking in hills. Swimming pool. Braai afterwards. Tea and coffee at start	V	R50 (R110)	55	<2L R138 >2L R182	Moderate		Greg King	082 452 1442

* Involves steep long climbs, typically 300m or more. Not suitable for visitors unless already reasonably sports fit or are experienced hikers

Sunday Hikes are typically 7 hours or longer, often in tough terrain without paths. Three hours of hiking up sometimes steep mountainsides and down valleys, over rough ground and scrub are usually covered before stopping for an hour lunch break, after which a further 3 hours of hiking back to the start point covers a typical day.

Leisure Hikes are typically 3 to 4 hours of relatively slow walking up to 6Km, usually on paths with plenty of stops. Children who cannot keep up will have to be carried. Not suitable for prams and very small children.

HIKE LEVELS: Level 1 –Slow Challenging for the relatively unfit hiker with a slower (but not necessarily slow) pace and plenty of rest/recovery stops. **Level 2 –Moderate** Faster pace with fewer rest/recovery stops. **Level 3-Fast** Challenging for the fit hiker with a fast pace and longer distance.