|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **December 2019**  C = Gateview House, Constantia Park @ 07h30. GPS Co-Ords : 26°08’58.52”S 27°55’  32,57” E  F = Outside Checkers, Pine slopes shopping Centre, Fourways @ 07h30  GPS Co-Ords : 26° 01’ 19.86” S     28° 00’ 57.85” E  V = Meet at Venue Wed Summer time 07h15 for 07h45.  A = Book with Club Admin L = Book with Leader # Meeting Place  **SUNDAY HIKES – MEET AT THE MEETING PLACE AT 07:30 AND LEAVE AT 08:00 SHARP** | | | |  | | **December 2019**  The suggested **SUNDAY**transport fee of R2.50/km is calculated on a vehicle less than <2L and above >2L is R3.30 per km (excl tolls). The total fee should be divided by the driver and other occupants in the car. Driver and occupants should agree on the fee before departing. eg 100km <R250.00 and >2L would be R330.00 the total cost is divided amongst the occupants.  BOOKINGS: Members receive preferential bookings.  **WEDNESDAY HIKES - MEET AT 07:15 AT THE VENUE AND HIKE AT 07:45 SHARP** | | | | | | | |
| **Date** | **Event** | **Description** |  | | **#** | | **Fee R (non member)** | **Approx. return distance** | **Approx. Trans. Fee – R** | **Hike**  **Grading** | **Rating** | **Convener / Leader** | **Phone** |
| Sun 1 Dec | B’Sorah | Easy to moderate path walking along Skeerpoort river and over hills with some game about and views of the Witwatersberg |  | | F | | R50 (R110) | 110 | <2L R275  >2L R363 | Easy to  Moderate |  | Neil Ransome | 082 420 9465 |
| Wed 4 Dec | Afrika Land | Mainly moderate path walking along and above Crocodile River |  | | V | | R40 (R100) Pens  R70(R130) Non-  pensioners | 110 | <2L R275  >2L R363 | Moderate |  | Philip Welchman | 083 254 0651 |
| Sat 7 Dec | Year-end Function  Weavers Roost | Camping and chalets available. Spit braai with delectable Christmas trimmings. A jolly way to start the festive season. |  | | V | | TBA | 90 | <2L R225  >2L R297 |  | Social | Bev Brockman | 082 410 3057 |
| Sun 8 Dec | Weavers Roost\* | Hike to top of mountain and along ridge |  | | V | | R60 (R120) | 90 | <2L R225  >2L R297 | Moderate/  Difficult |  | **MEET AT VENUE** |  |
| Wed 11 Dec | Rocky Valley  BRAAI | Mainly path walking in hills. Swimming pool. Braai afterwards. Tea and coffee at start |  | | V | | R50 (R110) | 55 | <2L R138  >2L R182 | Moderate |  | Rick Ackroyd | 076 142 1729 |
| Fri 13 –  Tues 17 Dec | Strandloper Trail | Backpack - hike along the beach from Gonubie to Kei Mouth.  Stay in hikers’ huts |  | | V | | R920 (R1120) |  | Arrange with  driver | Moderate |  | Colin Lill | 082 441 4851 |
| Sun 15 Dec | Castle Gorge \* | Strenuous hike to the saddle for amazing views and then go on to the pools to cool off or to the waterfall. |  | | C | | R0 (R60) | 122 | <2L R305  >2L R402 | Moderate/  Difficult |  | Allan Lill | 084 615 0084 |
| Wed 18  Dec | Klipriversberg | Easy to moderate path walking with some game about and views of southern suburbs |  | | V | | R0 (R60) | 60 | <2L R150  >2L R198 | Moderate |  | Pim Commissaris | 082 683 3314 |
| Wed 18 –  28 Dec | Double Mouth Xmas Camp | Exquisite venue on the Eastern Cape Coast. |  | | V | | R1175 (R1375) |  | Arrange  with  driver | Various | Social | Gert-Jan van Rijsewijk | 082 332 3253 |
| Sun 22 Dec | Klipriversberg | Easy to moderate path walking with some game about and views of the southern suburbs |  | | C | | R0 (R60) | 60 | <2L R150  >2L R150 | Moderate |  | Betsie Laubscher | 082 867 4998 |
| Wed 25 Dec | No hike | Christmas Day |  | |  | |  |  |  |  |  |  |  |
| Sun 29 Dec  - 1 Jan | Foothold  New Year’s Camp | Relax and see in the New Year with old and new friends. Book your bed in Hikers Haven with Graham or camp. |  | | V | |  | 172 | <2L R430  >2L R568 |  | Social | TBA |  |
| Sun 29 Dec | Foothold\* | A myriad of hiking possibilities once you reach the escarpment. Relax for lunch break near the crystal clear pools. |  | | V | | R0(R60) | 172 | <2L R430  >2L R568 | Very Difficult |  | **MEET AT VENUE** |  |

\* Involves steep long climbs, typically 300m or more. Not suitable for visitors unless already reasonably sports fit or are experienced hikers

**Sunday Hikes** are typically 7 hours or longer, often in tough terrain without paths. Three hours of hiking up sometimes steep mountainsides and down valleys, over rough ground and scrub are usually covered before stopping for an hour lunch break, after which a further 3 hours of hiking back to the start point covers a typical day. **Leisure Hikes** are typically 3 to 4 hours of relatively slow walking up to 6Km, usually on paths with plenty of stops. Children who cannot keep up will have to be carried. Not suitable for prams and very small children. **HIKE LEVELS**: **Level 1 -** Challenging for the relatively unfit hiker with a slower (but not necessarily slow) pace and plenty of rest/recovery stops. **Level 2 –** Faster pace with fewer rest/recovery stops.  **Level 3 –** Challenging for the fit hiker with a fast pace and longer distance.