C= Gateview House, Constantia Park GPS co-Ords: 26 08' 58.52"S 27 55' 32.57" E F= Outside Checkers, Pineslopes Shopping Centre, Fourways. GPS Co-ords: 26 01' 19.86"S 28 00' 57.85" E V = Meet at Venue						The suggested SUNDAY transport fee of R2.50/km is calculated on a vehicle less that <2L, and above >2L is R3.30 per km (excl tolls). The total fee should be divided by the driver and other occupants in the car. The driver and occupents should agree on the rate before depating eg 100 km<2L would be R250.00 and >2L would be R330.00. The total cost is divided amongst the occupants.																		
												WEDNESDAY HIKES - MEET AT 07:15 AT THE VENUE AND HIKE AT 07:45 SHARP							BOOKINGS: Members receive preferential bookings.					
												Date		Description	#	Fee (non-	Return	Transport Cost <2L		Rating		Phone		
												2020	Event			mem)	Distance				Leader of the Day/ Convener Phor			
Sun 1 Nov	Remhoogte*	Steep hike to the escarpment with wonderrful views of the Magaliesberg.	F	R50(R110)	120 km	R300	R396	Very difficult	Betsie Laubscher (Level 1) LOD															
Wed 4 Nov	Leeuwenkloof	Moderate to rough on and off paths and tracks. Section through old mine. Bring torch	V	R60(R120)	110km	R275	R363	Easy to Moderate	Greg King - Convener															
Sun 8 Nov	Peglarae	Wilderness area on northern side of Magaliesberg.Mainly moderate to strenuous off path walking. Lots of vultures on escarpment.	F	R20 (R80)	130km	R325	R430	Moderate to strenuous	Neil Ransome (Level 3) LOD															
Wed 11 Nov	Castle Gorge	Strenuous hike to the saddle for amazing views and then go to the pools to cool off or to the waterfall.	V	R0(R60)	122km	R305	R402	Moderate to difficult	Rick Ackroyd - Convener															
Fri 13-Sun 15 Nov	Bermanzi Base camp in Mpumalanga.	Wonderful hiking trails that take you to Brides Leap Waterfall with its tragic story. Explore mountain ravines, indigenous forests and rock pools.	V	R547(R637)	270 km	Arrange v	with Driver	Moderate to difficult	Colin Lill															
Sun 15 Nov	Fenkloof - Book with Admin before 11/11	ADVENTURE HIKE - Beautiful kloof to explore. For the very fit. Prebook.	С	R40 (R100)	212 Km	R530	R639	Adventure Difficult	Richard Perrelli - LOD															
Sun 15 Nov	Castle Gorge	Strenuous hike to the saddle for amazing views and then go to the pools to cool off or to the waterfall.	С	R0(R60)	122km	R305	R402	Moderate to difficult	Bev Brockman (Level 1) LOD															
Wed 18 Nov	Hennops Picnic Resort	Moderate path walking over hills and along river. Swimming pool at the end.	V	R50(R110)	64 km	R160	R210	Moderate	Philip Welchman - Convener															
Sun 22 Nov	Phefumula	Moderate hike up the escarpment. Boerie rolls and craft beer after the hike.	С	R35(R95)	140km	R350	R462	Difficult	Ryan de Haast (Level 2) LOD															
Wed 25 Nov	Laurentia	Mainly moderate path walking in hills and valleys between Laurentia and Rocky Valley.	V	R60(R120)	80 km	R200	R264	Moderate	Des Bell - Convener															
Thurs 26 Nov	Slide Show	ТВА	Bryanston Sports Club	R35 incl refreshments. Meet at 19h00.				h00.	Mary Reynolds															
Fri 27 - Sun	Foothold Camp Members	Come and camp. Lovely time of the year to just laze around or so some hiking	V	R0(R75 pd)	167 km	R 417	R 551	Social	Bev Brockman															
29 Nov Sun 29 Nov	only Rustig	Variety of paths below and top of the escarpment. Lovely views, swimming pool and restaurant.	С	R75(R135)	142km	R355	R467	Moderate to Difficult	Betsie Laubscher (Level 1) LOD															

sometimes steep mountainsides and down valleys, over rough ground and scrub are usually covered, before stopping for 1/2 hour lunch break, after which a further 3 hours of hiking back to the start point covers a typical day. HIKE LEVELS: Level 1 - Slow Challenging for the relatively unfit hiker with a slowerr (but not necessarily slow) pace and plenty of rest/recovery stops. Level 2 - Moderate Faster pace with fewer rest/recovery stops and a longer distance. Level 3 - Fast Challenging for the fit hiker with a

fast pace and long distance.

NOVEMBER 2020