

SEPTEMBER 2020											
C = Gateview House, Constantia Park GPS co-Ords: 26 08' 58.52"S 27 55' 32.57" E					The suggested <b>SUNDAY</b> transport fee of R2.50/km is calculated on a vehicle less than <2L, and above >2L is R3.30 per km (excl tolls). The total fee should be divided by the driver and other occupants in the car. The driver and occupants should agree on the rate before departing eg 100 km<2L would be R250.00 and >2L would be R330.00. The total cost is divided amongst the occupants.						
F= Outside Checkers, Pineslopes Shopping Centre, Fourways. GPS Co-ords: 26 01' 19.86"S 28 00' 57.85" E											
V = Meet at Venue A = Book with Club Admin L = Book with Leader # Meeting Place											
<b>SUNDAY HIKEs - MEET AT 07:30 AND LEAVE AT 08:00 SHARP</b>					BOOKINGS: Members receive preferential bookings.						
<b>WEDNESDAY HIKEs - MEET AT 08:15 AT THE VENUE AND HIKE AT 08:45 SHARP</b>											
Date	Event	Description	#	Fee (non-mem)	Return Distance	Transport Cost <2L >2L		Rating	Grading	Leader of the Day Convener	Phone
Wed 2 Sept	Segwati	Moderate hiking on and off paths below and on top of Witwatersberg range. Plenty of game about.	V	R40(R100)	106	R265	R350	Easy to strenuous			
Sun 6 Sept	Vergenoeg*	The hike climbs up the side of the mountain to White Rock, a fine viewing spot of the Hartbeespoort dam.	F	R0(R60)	142 km	R355	R468	Difficult			
Wed 9 Sept	Walter Sisulu	Moderate to steep path walking through gardens and woods to top of ridge and along ridge. Restaurant in Botanical gardens at end of hike.	V	TBA	80km	R200	R264	Moderate			
Sun 13 Sept	Castle Gorge MEMBERS ONLY	Strenuous hike to the saddle for amazing views and then go to the pools to cool off or to the waterfall.	C	R0(R60)	122	R305	R402	Moderate to difficult			
Sun 13 - Thurs17 Sept	Otter Trail - POSTPONED TO 2021	Beautiful, challenging trail along the Cape Coast. A buckety list hike.	V	R1533 (R1836)		Discuss with driver		Difficult			
Wed 16 Sept	Rocky Valley	Mainly path walking in hills. Swimming pool. Tea and coffee at start.	V	R50(R110)	55km	R138	R182	Moderate			
Sun 20 Sept	Phefumula	Moderate hike up the escarpment. Boerie rolls and craft beer after the hike.	V	R35(R95)	140km	R350	R462	Moderate			
Wed 23 Sept	Greek Church/van Gaalens	Moderate walking below and along Magaliesberg escarpment after a short drive to the Greek Church. Or easy walking along the Skeerpoort River from Van Gaalens.	V	R40(R100)	120	R300	R396	Moderate			
Thurs 24 Sept	Slide Show	TBA - If lockdown regulations permit.									
Sun 27 Sept	B'Sorah	Moderate to easy path walking over hills and along Skeerpoort River	F	R50(R110)	110 km	R275	R363	Easy to moderate			
Wed 30 Sept	Hoogland Spa	Easy to moderate path walking in very pretty hills and valleys. Plenty of game in the area	V	R50(R110)	100 km	R250	R330	Moderate			

\*Involves steep long climbs, typically 300m or more. Not suitable for visitors unless already reasonably sports fit or are experienced hikers. **Sunday Hikes** are typically 7 hours or longer, often in tough terrain without paths. Three hours of hiking up sometimes steep mountainsides and down valleys, over rough ground and scrub are usually covered, before stopping for 1/2 hour lunch break, after which a further 3 hours of hiking back to the start point covers a typical day. **Leisure Hikes** are typically 3 to 4 hours of relatively slow walking up to 6 km, usually on paths with plenty of stops. Children who cannot keep up will have to be carried. Not suitable for prams and very small children. **HIKE LEVELS: Level 1 - Slow** Challenging for the relatively unfit hiker with a slower (but not necessarily slow) pace and plenty of rest/recovery stops. **Level 2 - Moderate** Faster pace with fewer rest/recovery stops and a longer distance. **Level 3 - Fast** Challenging for the fit hiker with a fast pace and long distance.